

## **Baby Safety Checklist**

- Have smoke detectors and carbon monoxide detectors installed on each floor of your home.
- Have heaters and air conditioners checked over by a professional before the heating or cooling system sets in.
- Take a First Aid and CPR class
- Install covers over the electrical outlets.
- Shorten blind and curtain cords or replace or apply a retro-fit kit if necessary.
- Anchor bookshelves to the wall so climbing children cannot knock them over.
- Place bumpers on the corners of sharp furniture and fireplaces
- Put together a first aid kit and keep out of reach
- Buy a fire extinguisher and a rope ladder
- Keep your houseplants out of child's reach or have a friend or family member house sit them until your child is old enough to know these aren't their vegetables.
- Don't have anything near windows where children can climb on it to access the windows.
- Install window guards or locks on the windows in your home to avoid falls.
- Use baby gates to keep baby safe. Keep baby out of off limits rooms such as the kitchen.
- Keep knives and scissors out of reach.
- Turn handles on pots on the stove in so children can't grab them.
- Keep kitchen appliances unplugged and set back on the counter.
- Put locks on the cabinets and drawers to keep children from access cleaning supplies and medicines.
- Never leave your child alone in the bathroom, or bathtub. A second is all it takes.
- Position the crib or bed away from the windows.

- For your baby make sure the crib mattress fits snugly in the crib and keep bedding to a minimum. Instead of piling on the blankets dress baby for the weather.
- Keep pillows out of baby's crib.
- Keep tabs on recalled toys.
- Get help installing your carseat.
- Keep very close tabs on your child when playing in the yard or play grounds.
- Don't use power tools around your child.

